

SSSD Health Interventions in July

Deir Ezzour: During the month of July, health workers and the community health team at the health point, in cooperation with UNHCR, implemented a community health initiative entitled "Together for Safety and Security" that targeted hospitals and health centers in Deir Ezzour, and included the installation of waste bins for sharp medical waste containers to prevent them from falling and infecting workers in health care institutions with infectious diseases.

Awareness and education sessions were also implemented (within the center and a mobile team) targeting 199 beneficiaries. The focus was on raising awareness about sunstroke and first aid for scorpion stings, as well as the following topics: hepatitis A - health of the elderly - the importance of vaccinations - peptic ulcer - hyperlipidemia - enteritis and diarrhea.



Homs: In July, the health team at the Hosn health point, in partnership with UNHCR, conducted health screenings including one on asthma, and the other on tooth decay, as the 2 problems were observed in the area at an increasing rate. a health survey was carried out on asthma, due to an increase in respiratory problems in the area.

Furthermore, a capacity building was implemented to the health team on malnutrition since it was observed from the FGDs that women are interested to learn more about the topics. Also, awareness sessions were given including topics such as hepatitis, asthma, tooth pain and decay.



Hama: In partnership with UNHCR, the health team at the Soran health point conducted 7 health education sessions, targeting approximately 140 beneficiaries. The target groups varied between males and females, and the age groups were children-adolescents-women-elderly. The topics of the sessions varied about diabetes, high blood pressure and their symptoms, risk factors and their complications, methods of prevention, the normal value of blood pressure and glucose, and the importance of lifestyle changes. Among the topics was also cholera, its symptoms, methods of prevention and transmission. In light of the high temperatures, educational sessions were held that focused on heatstroke, its symptoms and first aid that can be provided.

With the aim of strengthening the capabilities of the home-based rehabilitation team for the elderly, and facilitating community connection (the elderly) to health services, including health advice and guidance related to periodic monitoring, especially for the elderly with chronic diseases, in addition to improving their knowledge about diseases, and teaching self-care skills, a series of capacity-building sessions was conducted for the SSSD home-based rehabilitation team.

Work has been done to form a health peer support group for diabetic patients, consisting of 8 beneficiaries, with the aim of providing an organized and supportive environment where people living with a specific medical condition can share information, find understanding, and provide or receive psychological support, thus contributing to improving the quality of life of individuals and communities.

